



New Mexico Swimming 2010 Long Course Championships



July 30 – August 1, 2010
Farmington Aquatic Center
Farmington, NM
Altitude 5000 feet

SPONSOR: Four Corners Aquatic Team (FCAT) and New Mexico Swimming, Inc..

LOCATION: Farmington Aquatic Center, 1151 Sullivan Ave, Farmington, NM 87401

SANCTION: Held under sanction of USA Swimming, Inc.(USA-S) and New Mexico Swimming Inc. (NMS), NMS Sanction Number: **NMS01C06**

DISCLAIMER: USA Swimming, Inc., New Mexico Swimming, Inc, FCAT, Farmington Aquatic Center, all meet sponsors, and all meet officials shall be held free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

FACILITY: The pool is 8 lanes by 50 meters, equipped with non-turbulent lane lines and Colorado Timing System with an 8 lane scoreboard. Pool depth on starting end is 14 feet and on the turn end 4 feet. The pool also contains contiguous dressing rooms.

Usage of any tobacco products or alcoholic beverages is not allowed in any area that swimmers frequent. No glass or aluminum cans will be allowed on deck.

Merchandise and concessions will be available for purchase. A continuous coaches and officials hospitality will be available for the duration of the meet.

MEET VENUE: (Areas under jurisdiction of the meet officials for use by teams and swimmers.) The 50-meter competition pool and the area located on the sides and ends of the pool, the spectator area, hospitality area, the locker rooms, the concession/team store areas, the meeting/class rooms, parking areas and any other area assigned to New Mexico Swimming.

PARKING: Parking is available

ELIGIBILITY: Open only to 2010 NMS-registered swimmers who have achieved the attached qualifying times in USA-S sanctioned, approved, or observed meets since June 1, 2009. Swimmer's age as of Friday, July 30, 2010 determines the age group for competition. Only those swimmers registered (registrations must be **received** by the NMS registration coordinator) before **6:00 p.m. on Thursday, July 22, 2010** will be eligible to compete in this meet. Contact NMS Registration Coordinator Deborah Kruhm (P.O. Box 23899, Santa Fe, NM 87502, Ph. 505-471-2551) for additional registration information. **All registrations will be verified! No on-deck registrations will be allowed!**

COACHES: Refer to section 501.7 of the USA-S Rules and Regulations dealing with USA-S requirements for coach registration. **This will be enforced!** Coaches must display their current 2010 USA-S registration card at all times during the meet. Coaches without current 2010 registration cards will be asked to leave the deck area and refrain from coaching. **NMS Rules & Reg. 2.3.1.3 specifically states: "Coach Certification at Championship Meets: Coaches must have valid current certifications in order to act as a coach at NM Swimming Championship Meets. Deck Validation of Safety Credentials (Section 2.3.1.2) does not apply. Coach renewal certifications with current safety credentials must be to the NM Registration Coordinator by Monday prior to the start of a NM Swimming Championship Meet, for the person to act as coach at the Championship meet."** A coaches' meeting will be held 30 minutes prior to the start of the first warm-up session (Friday, July 30 at 7:30 am). *Each team must have one person present at this meeting.*

EVENTS: This is a pre-seeded, prelims and finals meet for 11 & Over individual events, except for the 10 & unders, relays, the 400 meter IM, and the 400, 800 and 1500 meter freestyle events, which will be swum as timed finals. **For the prelim/finals portion of the meet, the fastest eight qualifiers from the preliminary heats will comprise the final heat.**

The 400 meter IM and the 400, 800 and 1500 meter freestyle will be positive check in, deck-seeded and swum as follows: *all swimmers will be seeded functionally **by event** (by gender, according to entry time), alternating women and men, fastest to slowest. To save time, the final heat of women and men may be combined.* All relay events will be deck-seeded and swum as follows: *the fastest eight "A" relay teams per age group will compete against teams of their gender from their own age group; all remaining teams will be seeded normally according to entry time. **On Sunday ONLY, the fastest 8 females and males in the 1500 free that positively check in for the finals session, and the fastest eight "A" relay teams that positively check in for the finals session will swim in the evening finals session. The rest of the heats for these events will be swum in the morning session.***

SESSION START TIMES:

| | |
|-------------|---------------------------------------|
| Session I | Warm-up 8:00am; Session Starts 9:00am |
| Session II | Warm-up 4:00pm; Session Starts 5:00pm |
| Session III | Warm-up 8:00am; Session Starts 9:00am |
| Session IV | Warm-up 4:00pm; Session Starts 5:00pm |
| Session V | Warm-up 8:00am; Session Starts 9:00am |
| Session VI | Warm-up 2:00pm; Session Starts 3:00pm |

ENTRIES:

1. This meet will be run with the Hy-Tek Meet Manager software. **Submit your entries on disk or by email to simplify the entry process. If you do not have a copy of Team Manager go to the following link to download a free copy of Team Manager Lite with which to submit your entries.** <http://www.hy-tek.com/downloads.html> **Coaches contact information must be included with the electronic entries. There should be no entries submitted by paper.** Be sure to indicate all times achieved in non-conforming pools (see the end of this paragraph and items 4d and 4e, below). Send a verification printed copy of the disk information with your entry fees to the meet director. Use the Individual Entry form only if you are unable to submit entries electronically. In this case fill out the Official Entry Form with the team name, the name and phone number of a coach or other contact person to be called in case of entry problems, the swimmers' names (first name and last name), USA-S registration numbers, ages, event numbers, entry times (to 1/100 second), and entry fee amounts. **Full information (name, USA-S registration number, age) for all potential relay swimmers must be included in your entries – swimmers not included on entry forms will not be allowed to compete in relays** (the competitors in each relay do not have to be identified at this time). **Complete coaches contact information must be included for all entries including coaches name, phone numbers and email address.** Omitted digits in the seed times will be replaced with 9's. Short-course yard times and short-course meter times must not be converted. If an entry time is a short-course yard time, place a "Y" behind it on the entry form and/or on the disk. If it is a short-course meter time, place an "S" behind it on the entry form and/or on the disk.
2. **All swimmers may enter a maximum of three (3) individual events and one relay event per session. 10 & U may enter no more than a total of six (6) individual events for the meet and all other swimmers may not enter more than a total of seven (7) individual events for the meet. If a swimmer is entered in more than the maximum total allowed individual events for either a single day or in total for the meet, the last individual event for that day, or if applicable, the last individual event for the meet shall be dropped.**
3. **All entry times will be verified.** A copy of the swimmer times on file with NMS will be distributed to all teams by July 12, 2010. After July 12, 2010 unattached swimmers may request a copy of their times from:

Dale Berg
12421 Chelwood Trail NE
Albuquerque, NM 87112
Phone (505)296-2695 (home)

Swimmers entering an event with a faster time than that shown on the NMS times list must submit an Official Verification Form (attached) for that event. Verification forms must be complete with swimmer first and last name, USA-S registration number, team, age, sex, event number, event title, entry time, and the date, name and pool altitude for the meet at which the claimed entry time was achieved.

For times achieved in a sanctioned or approved meet or time trial within New Mexico on or before **July 18, 2010**, no time verification need be supplied. For times achieved within New Mexico in approved or observed meets on any date, or in sanctioned meets after **July 18, 2010** the swimmer or team must furnish a copy of the meet results to prove the entry times.

An Official Verification Form (attached) must be submitted for all entry times achieved at out-of-state meets for which the results have not been sent to the NMS Computer Chair at least two weeks prior to the meet entry deadline. Meet results verifying these times, with the times to be verified clearly marked, must be submitted with the entries. If meet results are not available at the time the entries are submitted, they must be presented, with the times to be verified clearly marked, to the meet entry chair prior to the start of warm-up for the first session of the meet. Any entry for which the time has not been proven by the start of warm-up for the first session of the meet may be scratched.

The Meet Director will contact the Team Contact Person **listed on the Official Team Entry Form** to resolve any discrepancies on the Official Entry Form. Failure to resolve such discrepancies will result in referring the situation to the Meet Committee as specified in NMS rule 9.4 for resolution.

4. Events will be seeded as follows:

- a. This meet will be pre-seeded for all individual events with the exception of the 400 meter IM and the 400 meter, 800 meter and 1500 meter freestyle events. Swimmers need only report to their assigned lanes as listed in the heat sheet.
- b. The 400 meter IM and the 400 meter, 800 meter and 1500 meter freestyle and all relay events will be positive check-in and deck-seeded.
- c. All entries with conforming (long-course meter) entry times will be arranged in order, fastest to slowest.
- d. All entries with primary non-conforming (short-course meter) entry times will then be arranged in order, fastest to slowest, and placed after the slowest conforming entry.
- e. All entries with secondary non-conforming (short-course yard) entry times will then be arranged in order, fastest to slowest, and placed after the slowest primary non-conforming entry.
- f. Championship seeding will be used to determine the heat and lane assignment for each preliminary heat entry. Normal seeding will be used to determine the heat and lane assignment for each finals and timed-finals heat entry.
- g. The 400 meter IM and the 400 meter, 800 meter and the 1500 meter freestyle will be deck-seeded and swum as follows: *all swimmers will be seeded functionally by event (by gender, according to entry time). Heats will be swum alternating women and men, fastest to slowest. To save time, the final heat of women and men may be combined.* Lane assignments will be posted. Positive check-in (intent to swim) will be required for all of these events at the scratch/clerk-of-course table 30 minutes prior to the start of the appropriate sessions. Anyone who does not check in for one of these events will be scratched and will not be allowed to swim that event. **Swimmers in these events are responsible for furnishing their own lap counters.**
- h. All relay events will be deck-seeded and swum as follows: *the fastest eight "A" relay teams per age group will compete against teams of their gender from their own age group; all remaining teams will be seeded normally according to entry time. On Sunday ONLY, the fastest 8 female and male in the 1500 free that positively checked in for the finals session, and the fastest eight "A" relay teams that positively checked in for the finals session will swim in the evening finals session. The rest of the heats for these events will be swum in the morning session.* Lane assignments will be posted.
- i. A time line will be published for guidance only.

5. Entry times may be altitude adjusted to equivalent sea-level times according to the following USA-S table:

| Distance (m or yd) | Altitude | | |
|--------------------|--------------|--------------|---------------|
| | 3000-4250 ft | 4251-6500 ft | Above 6500 ft |
| 200 | .50 sec | 1.20 sec | 1.60 sec |
| 400/500 | 2.50 sec | 5.00 sec | 7.00 sec |
| 800 Free Relay | 2.00 sec | 4.80 sec | 6.40 sec |
| 800/1000 | 5.00 sec | 10.00 sec | 15.00 sec |
| 1500/1650 | 11.00 sec | 23.00 sec | 32.50 sec |

To adjust a time to its sea-level equivalent, subtract the appropriate adjustment time from the time actually achieved at altitude.

6. All relay entries and entry fees must be submitted with the individual entries. No individual swimmer names are required on the relay entries at the time of electronic entry. The number of relay teams allowed for each team shall be determined by the number of swimmers for that team qualified in individual events in their age group for this meet (i.e., one to four swimmers entitles the team to one relay, five to eight swimmers entitles the team to two relay teams, nine to 12 swimmers entitles the team to three teams, etc.). As stated in the Entries section Item 1, **all potential relay team swimmers must be included on the entry forms to be eligible to swim on a relay for that team. Relay entry times and swimmers must be declared prior to the beginning of warm-up for the session in which the relay is swum,** and NMS surcharge fees for relay-only swimmers must be paid at that time. Prior to the start of each relay heat, the head timer on each lane will confirm the first and last names of competing swimmers, their ages, and their order of swim for the team in their lane for

that heat, and no changes shall be permitted thereafter. Swimmers who fail to show up for a relay event will not be penalized. Teams that have not paid these fees prior to the end of warm up for session 6 will not be allowed to participate in the relay events in Session 6 (events 103-108).

7. A **hard copy** of the individual entries and verification forms, and a check, payable to FCAT, covering entry fees and the NMS swimmer surcharge (for every individual swimmer) **must be received by the entry chairman no later than 6:00 p.m. on Thursday July 22, 2010**, with the exception of swimmers who receive qualifying time(s) in a designated Last Chance Meet after the entry deadline, but prior to **Monday July 26, 2010**. **Late entries will not be accepted!** Entries, forms and checks mailed by certified mail and postmarked no later than **Wednesday, July 21, 2010** will be accepted if received after the entry deadline. It is recommended that **all** entries be submitted by e-mail and FAX (or scan and e-mail), with hardcopy backup and check submitted by overnight, certified mail. Send team checks only - do not send checks from individuals. The meet director of each last chance meet held the weekend prior to the Championship meet must transmit the meet results to the Championship meet entry chair by **8 pm, Sunday July 25, 2010**. Coaches of swimmers achieving qualifying swims at the last chance meets must submit entries to the Championship meet entry chair by **8 pm, Sunday July 25, 2010**. A hard copy of those entries, with accompanying meet entry fees, must be received by the Championship meet entry chair no later than **2 pm, Tuesday, July 27, 2010**. Entry fees must be in the form of cashier's checks or team checks. Faster entry times for events in which a swimmer already has a qualifying time will not be accepted. Qualifying times achieved in meets prior to the entry deadline will not be accepted with last chance entries. **Swimmers submitting qualifying times from Last Chance meets for events in which they are already entered will be entered in the meet with their originally-submitted entry times.**

8. Send all entry and verification forms to Andrea Campbell - andileecam@aol.com

9. Mail all checks to FCAT-State meet Entries, PO BOX 3531, Farmington, NM 87499. Checks MUST be postmarked no later than Entry deadline. All entry fees not received by FCAT meet start date will need a mailing confirmation tracking number to confirm mailing date.

SWIMWEAR: Swimwear must conform to the following criteria:

All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No fasteners, other than drawstrings are allowed. All athletes will not be allowed to compete wearing more than one swimsuit. In the event of a modesty issue, coach and athlete must inform the meet referee before competition begins. The referee shall have the authority to bar offenders from competition until they comply with the rules.

WORKERS: This meet is run by New Mexico Swimming, and each team will be required to provide workers (timers, finish judges, and runners) based upon the number of swimmers entered in this meet. Officials will be selected from the NMS approved officials list. Worker lists will be sent out two weeks prior to the meet. FCAT will fill the positions not assigned to other teams.

| | |
|---|------------------|
| FEES: Individual events | \$4.00 per event |
| Relay events | \$8.00 per event |
| Meet surcharges per swimmer (including relay-only swimmers) | |
| NMS surcharge | \$3.00 |
| Meet Fee/Pool usage | \$5.00 |

CHECK-IN: Positive check-in is required for the 400 meter IM, and the 400 meter, 800 meter and 1500 meter freestyle events. Swimmers or coaches must check-in for these events 30 minutes prior to the start of the session in which these events occur. Anyone who does not check in for one of these events will be scratched and will not be allowed to swim that event.

SCRATCHES: Swimmers qualifying for the finals heats have 30 minutes after the announcement of the results of the preliminary heats of that event to scratch or declare his/her intent to scratch from that event with the Administrative Referee. Having declared an intent to scratch, the swimmer has 30 minutes from the completion of his/her last individual preliminary event to complete the scratch procedure with the Administrative Referee. Failure to complete the procedure will keep the swimmer in the finals heat. The penalty for failing to compete in a finals heat for which the swimmer has qualified but not scratched will be disqualification from his/her next individual final event. Swimmers are **not** required to scratch from preliminary or timed-final heats.

| | |
|-----------------------------------|--------------------------------|
| SCORING: Individual Events | 8 places (9,7,6,5,4,3,2,1) |
| Relay Events | 8 places (18,14,12,10,8,6,4,2) |

Points earned in one age group cannot be counted toward the individual scoring in another age group.

| | | |
|----------------|-----------------------|---|
| AWARDS: | Individual | 1-8 custom medals |
| | Relays | 1-8 ribbons |
| | Team | 1st, 2nd, and 3rd place awards |
| | Individual High Point | 1st, 2nd, and 3rd place awards for each sex in 10 & U, 11-12, 13-14, 15-16 & 17-18. |
| | Team Spirit | Selected on the basis of team spirit, including enthusiasm, sportsmanship, and cooperation in providing workers |

CONDUCT: 2010 USA-S and NMS rules govern this meet in any area not explicitly covered in this announcement.

WARM-UP: Warm-up procedures will be posted. **All swimmers must be supervised by a coach member of USA-S during warm-ups. Unattached swimmers must provide a currently-certified coach to supervise them during warm-up, or request that the Deck Referee assign them to such a coach.**

MEET REFEREE: GLENN ST JOHN gestjohn@yahoo.com

MEET DIRECTORS: Susan Martinez (skmartinezrw@yahoo.com)
Marianita Chee (mchee4@gmail.com)

TIME TRIALS: Plans call for offering a time trial on at least one day during this meet. Full information on the time trial will be published separately. For more information regarding the time trial, contact the meet director. **Note that any time trial event swum counts toward the overall total swims during the meet.**

ATTACHMENTS: Schedule of Events, Official Team Entry Form, Official Individual Entry Form, Official Verification Form

NOTICE: There will be an officials meeting at the scheduled start time of warm-up for each session. Recertification exams are now on line at the USA Swimming website therefore, recertification examinations will not be held. NMS recommends that all officials working a state championship meet complete the online recertification test prior to the meet. A clinic for new Officials and new Starters will be held. Please contact the officials chair, Mark Ruddell; ruedell@msn.com, with any questions.

NEW MEXICO SWIMMING
OFFICIAL TEAM ENTRY

Name of Team _____ Head Coach _____

Please list all coaches that will be in attendance (for USA Swimming registration purposes)

| | |
|--|--|
| | |
| | |
| | |

Team Mailing Address (for results – 1 copy per team) _____

Number of Swimmers entered in individual races _____ Number of Relay only Swimmers _____

Please list relay only swimmers with USA Swimming numbers

| | |
|--|--|
| | |
| | |
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| | |
| | |
| | |

Number of Individual Entries : Female _____ Male _____

Number of Swimmers entered _____ X \$3.00 = _____ NMS Surcharge

Number of Swimmers entered _____ X \$5.00 = _____ Meet Fee/Pool

Number of Individual entries _____ X \$4.00 = _____ Entry Fee

Number of Relay entries _____ X \$8.00 = _____ Entry Fee

Entry Fee Total (Team check only) = _____

I Certify that every swimmer we have entered into the State Championships is a USA Swimming registered athlete _____

Team Contact for time verification _____ Phone Number _____

NEW MEXICO SWIMMING STATE CHAMPIONSHIP INDIVIDUAL ENTRY FORM

SWIMMER'S NAME _____ SEX _____ AGE _____

USA SWIMMING NUMBER _____ TEAM _____

| EVENT# | CIRCLE DISTANCE | CIRCLE STROKE | ENTRY TIME |
|--------|--------------------------|---------------------|------------|
| _____ | 50 100 200 | FREE BK BRST FLY IM | _____ |
| _____ | 50 100 200 | FREE BK BRST FLY IM | _____ |
| _____ | 50 100 200 | FREE BK BRST FLY IM | _____ |
| _____ | 50 100 200 | FREE BK BRST FLY IM | _____ |
| _____ | 100 200 | FREE BK BRST FLY IM | _____ |
| _____ | 100 200 400 | FREE BK BRST FLY IM | _____ |
| _____ | 100 200 400 500* | FREE BK BRST FLY IM | _____ |
| _____ | 100 200 400 800** 1000* | FREE BK BRST FLY IM | _____ |
| _____ | 100 200 400 1500** 1650* | FREE BK BRST FLY IM | _____ |

* Short Course Only

** Long Course Only

TOTAL NUMBER OF EVENTS _____ X \$4.00 = _____

NMS SURCHARGE _____ \$3.00

MEET FEE _____ \$5.00

TOTAL FEE _____

**New Mexico Swimming
Long Course Championships**

Sessions 1 & 2

Friday July 30, 2010

Warm-up for preliminary session: 8:00 am, preliminary session start: 9:00 am

Warm-up for finals session: 4:00 pm, finals session start: 5:00 pm

| Event | Qual Time | | | Description | Qual Time | | | Event |
|-------|-----------|----------|----------|---------------------------------|-----------|----------|----------|-------|
| | Female | | | | Male | | | |
| | LCM | SCY | SCM | | LCM | SCY | SCM | |
| 1 | | | | Open 200 Free Relay (TFP) | | | | 2 |
| 3 | | | | 14 & Under 200 Free Relay (TFP) | | | | 4 |
| | | | | 15 minute break (prelims only) | | | | |
| 5 | 3:14.79 | 2:50.69 | 3:08.59 | 11-12 200 IM | 3:29.59 | 3:03.09 | 3:22.29 | 6 |
| 7 | 2:59.79 | 2:33.99 | 2:56.19 | 13-14 200 IM | 2:55.99 | 2:31.99 | 2:47.89 | 8 |
| 9 | 2:52.79 | 2:28.19 | 2:49.39 | Senior 200 IM | 2:48.79 | 2:15.89 | 2:41.79 | 10 |
| 11 | 54.89 | 47.79 | 52.79 | 10 & U 50 Breast (TFF) | 1:01.59 | 53.59 | 59.29 | 12 |
| 13 | 1:41.89 | 1:29.29 | 1:38.69 | 11-12 100 Breast | 1:49.19 | 1:35.09 | 1:44.99 | 14 |
| 15 | 1:36.59 | 1:24.09 | 1:32.89 | 13-14 100 Breast | 1:28.09 | 1:18.09 | 1:25.99 | 16 |
| 17 | 1:33.89 | 1:21.99 | 1:30.59 | Senior 100 Breast | 1:26.39 | 1:14.69 | 1:22.49 | 18 |
| 19 | 3:23.59 | 2:58.29 | 3:16.99 | 10 & U 200 Free (TFF) | 3:35.49 | 3:09.89 | 3:29.79 | 20 |
| 21 | 2:50.79 | 2:31.49 | 2:47.39 | 11-12 200 Free | 3:00.69 | 2:38.89 | 2:54.99 | 22 |
| 23 | 2:39.99 | 2:19.19 | 2:26.79 | 13-14 200 Free | 2:35.19 | 2:15.69 | 2:29.89 | 24 |
| 25 | 2:34.99 | 2:10.79 | 2:31.89 | Senior 200 Free | 2:24.89 | 1:58.79 | 2:20.59 | 26 |
| 27 | 1:48.89 | 1:33.99 | 1:43.79 | 10 & U 100 Back (TFF) | 1:58.09 | 1:42.89 | 1:53.69 | 28 |
| 29 | 42.29 | 36.79 | 40.59 | 11-12 50 Back | 45.69 | 39.49 | 43.69 | 30 |
| 31 | 39.19 | 34.29 | 37.89 | 13-14 50 Back | 38.79 | 33.99 | 37.59 | 32 |
| 33 | 37.59 | 32.89 | 36.29 | Senior 50 Back | 36.99 | 30.99 | 35.89 | 34 |
| 35 | 48.59 | 42.99 | 47.49 | 10 & U 50 Fly (TFF) | 52.89 | 47.29 | 51.99 | 36 |
| 37 | 1:30.79 | 1:20.19 | 1:28.59 | 11-12 100 Fly | 1:37.49 | 1:25.79 | 1:34.79 | 38 |
| 39 | 1:24.09 | 1:13.49 | 1:21.19 | 13-14 100 Fly | 1:16.99 | 1:08.09 | 1:14.99 | 40 |
| 41 | 1:20.39 | 1:10.19 | 1:18.99 | Senior 100 Fly | 1:13.39 | 1:05.09 | 1:11.99 | 42 |
| | | | | 15 min break (prelims & finals) | | | | |
| 43 | 11:41.99 | 13:08.29 | 11:27.99 | 13-14 800 Free (TFP) | 11:21.79 | 12:34.39 | 11:00.29 | 44 |
| 45 | 11:30.19 | 12:55.49 | 11:16.99 | Senior 800 Free (TFP) | 10:52.09 | 12:08.19 | 10:32.99 | 46 |
| 47 | | | | 12 & U 400 Free Relay (TFF) | | | | 48 |
| 49 | | | | 14 & U 800 Free Relay (TFF) | | | | 50 |
| 51 | | | | Open 800 Free Relay (TFF) | | | | 52 |

Notes:

(TFF) – Timed finals during finals session

(TFP) – Timed finals during prelim session

**New Mexico Swimming
Long Course Championships**

Sessions 3 & 4

Saturday July 31, 2010

Warm-up for preliminary session: 8:00 am, preliminary session start: 9:00 am

Warm-up for finals session: 4:00 pm, finals session start: 5:00 pm

| Event | Qual Time | | | Description | Qual Time | | | Event |
|-------|------------|------------|------------|-------------------------------|------------|------------|------------|-------|
| | Female | Male | | | Female | Male | | |
| | <u>LCM</u> | <u>SCY</u> | <u>SCM</u> | | <u>LCM</u> | <u>SCY</u> | <u>SCM</u> | |
| 53 | | | | 12 & U 200 Medley Relay (TFP) | | | | 54 |
| 55 | | | | 14 & U 200 Medley Relay (TFP) | | | | 56 |
| 57 | | | | Open 200 Medley Relay (TFP) | | | | 58 |
| | | | | 15 min break - prelims only | | | | |
| 59 | 1:32.99 | 1:21.59 | 1:30.19 | 10 & U 100 Free (TFF) | 1:41.59 | 1:29.19 | 1:38.49 | 60 |
| 61 | 36.39 | 31.89 | 35.19 | 11-12 50 Free | 37.99 | 33.39 | 36.89 | 62 |
| 63 | 33.79 | 29.39 | 33.19 | 13-14 50 Free | 32.79 | 28.49 | 31.49 | 64 |
| 65 | 31.99 | 27.99 | 31.79 | Senior 50 Free | 28.99 | 24.69 | 27.99 | 66 |
| 67 | 49.89 | 43.49 | 47.99 | 10 & U 50 Back (TFF) | 56.39 | 44.39 | 54.29 | 68 |
| 69 | 1:31.09 | 1:21.09 | 1:29.59 | 11-12 100 Back | 1:39.19 | 1:25.79 | 1:34.79 | 70 |
| 71 | 1:24.29 | 1:14.19 | 1:21.99 | 13-14 100 Back | 1:20.59 | 1:09.59 | 1:16.89 | 72 |
| 73 | 1:22.69 | 1:10.99 | 1:19.69 | Senior 100 Back | 1:16.49 | 1:06.09 | 1:13.19 | 74 |
| 75 | 1:55.19 | 1:42.09 | 1:52.79 | 10 & U 100 Fly (TFF) | 2:09.79 | 1:55.19 | 2:05.99 | 76 |
| 77 | 39.39 | 35.09 | 38.79 | 11-12 50 Fly | 42.99 | 38.19 | 41.99 | 78 |
| 79 | 36.79 | 32.69 | 36.19 | 13-14 50 Fly | 36.69 | 32.39 | 35.79 | 80 |
| 81 | 35.29 | 31.39 | 34.69 | Senior 50 Fly | 32.99 | 27.99 | 31.99 | 82 |
| 83 | 3:40.59 | 3:11.69 | 3:31.79 | 11-12 200 Breast | 3:54.19 | 3:21.69 | 3:42.79 | 84 |
| 85 | 3:43.99 | 3:14.59 | 3:34.99 | 13-14 200 Breast | 3:32.39 | 3:02.39 | 3:21.49 | 86 |
| 87 | 3:21.19 | 2:56.39 | 3:14.89 | Senior 200 Breast | 3:08.79 | 2:42.59 | 2:59.69 | 88 |
| 89 | 6:00.09 | 6:40.09 | 5:50.09 | 11-12 400 Free (TFP) | 6:21.69 | 7:05.49 | 6:10.99 | 90 |
| 91 | 5:42.99 | 6:11.59 | 5:34.59 | 13-14 400 Free (TFP) | 5:27.99 | 6:03.19 | 5:17.79 | 92 |
| 93 | 5:25.79 | 5:52.59 | 5:19.29 | Senior 400 Free (TFP) | 5:14.39 | 5:40.49 | 5:04.99 | 94 |
| 95 | 6:55.89 | 6:04.19 | 6:42.39 | 11-12 400 IM (TFF) | 7:23.49 | 6:23.69 | 7:03.99 | 96 |
| 97 | 7:01.19 | 6:10.79 | 6:49.69 | 13-14 400 IM (TFF) | 6:41.89 | 5:50.59 | 6:27.39 | 98 |
| 99 | 6:19.79 | 5:35.69 | 6:10.99 | Senior 400 IM (TFF) | 5:54.39 | 5:11.79 | 5:43.99 | 100 |
| | | | | 15 min break – finals only | | | | |
| 101 | | | | 10 & U 200 Medley Relay (TFF) | | | | 102 |
| 103 | | | | 12 & U 400 Medley Relay (TFF) | | | | 104 |
| 105 | | | | 14 & U 400 Medley Relay (TFF) | | | | 106 |
| 107 | | | | Open 400 Medley Relay (TFF) | | | | 108 |

Notes:

(TFF) – Timed finals during finals session

(TFP) – Timed finals during prelim session

**New Mexico Swimming
Long Course Championships**

Sessions 5 & 6

Sunday August 1, 2010

Warm-up for preliminary session: 8:00 am, preliminary session start: 9:00 am

Warm-up for finals session: 2:00 pm, finals session start: 3:00 pm

| Event | Qual Time Female | | | Description | Qual Time Male | | | Event |
|-------------------------------|---------------------|----------|----------|-------------------------|-------------------|----------|----------|-------|
| | LCM | SCY | SCM | | LCM | SCY | SCM | |
| 109 | 3:15.29 | 2:48.89 | 3:06.69 | 11-12 200 Back | 3:25.79 | 2:58.39 | 3:17.09 | 110 |
| 111 | 3:15.29 | 2:51.79 | 3:09.89 | 13-14 200 Back | 3:07.49 | 2:41.29 | 2:58.19 | 112 |
| 113 | 2:57.99 | 2:33.89 | 2:52.19 | Senior 200 Back | 2:43.89 | 2:23.39 | 2:38.39 | 114 |
| 115 | 40.79 | 35.99 | 39.79 | 10 & U 50 Free (TFF) | 44.29 | 38.89 | 42.89 | 116 |
| 117 | 1:19.59 | 1:08.29 | 1:15.49 | 11-12 100 Free | 1:23.29 | 1:13.09 | 1:20.79 | 118 |
| 119 | 1:12.29 | 1:03.29 | 1:10.89 | 13-14 100 Free | 1:11.49 | 58.99 | 1:08.79 | 120 |
| 121 | 1:09.99 | 1:00.69 | 1:08.59 | Senior 100 Free | 1:03.99 | 53.79 | 1:01.99 | 122 |
| 123 | 2:02.29 | 1:46.69 | 1:57.89 | 10 & U 100 Breast (TFF) | 2:13.59 | 1:56.69 | 2:07.79 | 124 |
| 125 | 45.59 | 40.89 | 44.99 | 11-12 50 Breast | 51.09 | 44.29 | 48.89 | 126 |
| 127 | 43.19 | 37.99 | 41.99 | 13-14 50 Breast | 43.19 | 37.59 | 41.49 | 128 |
| 129 | 41.39 | 36.39 | 40.19 | Senior 50 Breast | 41.19 | 35.79 | 39.59 | 130 |
| 131 | 3:46.49 | 3:19.39 | 3:40.29 | 10 & U 200 IM (TFF) | 4:10.69 | 3:40.89 | 4:03.99 | 132 |
| 133 | 3:14.19 | 2:51.79 | 3:09.79 | 11-12 200 Fly | 3:28.29 | 3:01.19 | 3:20.19 | 134 |
| 135 | 3:16.29 | 2:53.39 | 3:11.59 | 13-14 200 Fly | 3:05.19 | 2:43.69 | 2:59.99 | 136 |
| 137 | 2:56.19 | 2:36.49 | 2:52.89 | Senior 200 Fly | 2:43.19 | 2:24.49 | 2:38.99 | 138 |
| 15 min break prelims & finals | | | | | | | | |
| 139 | 22:23.09 | 21:53.19 | 21:45.59 | 13-14 1500 Free* | 21:35.29 | 20:51.99 | 20:44.69 | 140 |
| 141 | 22:10.69 | 21:38.89 | 21:31.29 | Senior 1500 Free* | 20:49.49 | 20:21.89 | 20:12.99 | 142 |
| 143 | | | | 10 & U 200 Free Relay** | | | | 144 |
| 145 | | | | 12 & U 200 Free Relay** | | | | 146 |
| 147 | | | | 14 & U 400 Free Relay** | | | | 148 |
| 149 | | | | Open 400 Free Relay** | | | | 150 |

Notes:

(TFF) – Timed finals during finals session

(TFP) – Timed finals during prelim session

* The fastest 8 females and males who positively checked-in for the finals session will swim during finals session. All others who have positively checked-in will swim in the prelims session after the conclusion of the relays.

** The fastest 8 “A” team relays in each age group and sex who have positively checked-in for the finals session will swim during the finals session. All other relays will be swum prior to the 1500 Free in the prelims session.